

第 23 屆世界性健康會議 (2017 World Association for Sexual Health) 與會心得

樹德科技大學人類性學研究所博士班研究生 周吟柔

自 106 年 05 月 28 日至 106 年 05 月 31 日第 23 屆世界性健康會議今年於捷克首都布拉格舉行，成員涵蓋從事性教育、性諮商和性治療相關人員，自 1978 年成立，每二年舉行一次，這次由朱董事長帶領，聯同性學所所長、老師和學生共 6 人參與該會，共發表四篇口頭文章及三篇海報文章，成果可謂之豐碩。這次與會人員相當踴躍，人數約 800~900 人，來自世界各地，除了歐美澳國家，還有非洲、印度、伊朗、黎巴嫩、巴西、墨西哥、土耳其、中國等，大會歷時 4 天。整個會場分成 7 個廳，針對性教育、性諮商、性治療和性權利等議題，分成 plenary session、oral presentation、short communication、moderated(oral) poster 和 unmoderated poster，同時 SSSS, PAHO/WHO, EFS, IAFS, FISS, SBRASH, FEBRASGO, UNESCO Chaire Sexual health & human rights, SFSC and ASCLIF 也藉著大會場地舉辦研討會。

開幕典禮由 Kevan Wylie 主持，演講[關係、老化和平等]，再來介紹一代大師 John Money 及其研究：由匈牙利的 Eszter Kismodi 演講[性權即是人權]以及 James Pfaus 演講[性慾、性愉悅和性抑制的腦部機轉]，John Money: (1921—2006) 是一位心理學家和性學家，他因為在性認同方面的研究而著名，曼尼在他的生涯內創制了不少具影響力的理論和專有名詞，包括性別

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認同、性別角色、性別認同/角色和愛情地圖等。從 1951 年起直至過世為止都是約翰霍普金斯大學小兒科和醫療心理學的教授，在那裡他參與性行為諮詢小組，此小組做變性手術。曼尼是“性別中立理論”(theory of Gender Neutrality) 的強力支持者：意即，孩童一出生心理並沒有什麼性別差異觀念，性別發展是受到後天的社會學習影響，此外他相信幼童期的“媾交預演”(sexual rehearsal play) 可以建立一個“健康的性別認同”。

全體參與的演講分為金牌得主講座和貴賓演講，金牌得主講座的題目：Lars-Gösta Dahlöf 40 年的性學術-從我的心出發、Jeffrey Weeks 性正義與進步的限制、Rafael Mazin 性科學和政策的範疇和改變中的焦點、Mona M. Kaidbey 性別、人權和性教育的交互作用—從實證到實踐、Eleanor Maticka-Tyndale 正常、性和社會。貴賓演講的題目：[性行為與公衛]: Gilbert Herdt 非洲贊比亞 40 年經驗：從口交到陰道性交的性別和對象的轉變、Kaye Wellings 開發中國家性行為的趨勢和型態、Richard Hillman 肛交的事實和誤傳；[情色影音]: Feona Attwood 年輕人 A 片使用、Aleksandar Štulhofer, Teo Matković & Nicole Cohen A 片對於未成年人首次性行為和使用保險套的影響—縱向研究、Catherine Hakim 21 世紀性產品市場—網路衝擊；[性傳染病和公衛]: Mikio Namiki 男性 HPV 感染；[性的健康益處]: Woet L Gianotten 性的長期和短期健康益處、Gila Bronner 預防性功能失調和性愉悅降低的性教育以及生活品質；[性功能失調的實證治療]: Pedro Nobre 男性性功能失調的心理治療—新研究和臨床介入、Marita McCabe 女性性功能失調心理治療之簡易策略、Andrea Salonia 性功能反射男性全面的健康狀態；[恢復男性性生活品質的策略]: Ronny Tan 攝護腺癌治療後如何維持性功能、Doddy M Soebadi 攝護腺癌雄性素剝奪治療後的性生活、Nam Cheol Park 人工陰莖的迷失和現實；[心理治療的新趨勢]: Karoline Bischof 性身體：為何在性治療中身體的考量是重要的、Pedro Nobre 性功能障礙的

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新治療方法—如何增加性慾和正向情緒、Eli Coleman 性行為強迫症(性沉溺)—一個性正向和介入的治療模式; [性學的過去、現在、和未來]: Alain Giami 性科學—歷史和觀點、Eusebio Rubio-Aurioles 性學家的觀點: 需要採用跨學科模式、Esther Corona-Vargas, Adriana Corona-Vargas 女性爭取性別平等的歷史; [性教育]: Ekua Yankah 全面式性教育—起源、實證和未來、Tommi Paalanen 喜劇表現的性教育—詮釋嚴重事件的輕型媒體、Frederick Toates 性的激勵動機和層次模式; [關係和性]: Erick Janssen 大海似的無邊界--關係和性研究的新方向、Lucia O'Sullivan 浪漫、狂喜、破裂、重複—年輕人的親密關係之試驗和苦難; [其他]: Richard Green 性如何改變—1930s 歐洲和 1950s 美國、Sam Winter WHO 的亮點—將性失調整合入 ICD-11 疾病診斷、Tamara Adrián 抵抗邪惡的性別認同之聖戰—由基要派帶領的新運動, 攻擊變性、中間性、兩性特徵(androgyne)或性別流動者、Yuko Higashi 基於健康的方法對日本 sexual orientation and gender identity and expression (SOGIE) 的影響、Sue Carter OXYTOCIN 的假設—愛的癒合力量、Sara Nasserzadeh 全世界生殖器應用—文化規範和流行趨勢。

口頭報告分為 oral presentation、short communication、moderated(oral) poster, 其中 oral presentation 169 篇中, 以性治療占的比率最大(50 篇), 其次是性教育(36 篇), 性行為(23 篇)和 LGBTQ (23 篇), 性治療蓬勃發展, 一些新興物理治療和老藥新用出爐了, 罹患先天性陰道發育不良的性生活受到更多重視, 目前趨勢是合併生理和心理多模式治療。另外非洲及中東傳統習俗對女童進行女陰殘割受到學者的重視, 嘗試研究整形手術和心理修復, 還有 A 片的研究也很多。

這次大會籌備花了很多心血, 從會前 7 個月架設網頁、充足的資訊、嚴格的審查和要求投稿人英文文法、到大會開始, 適宜的會議廳、相關器材和茶點、甚至給參加人員一張免費公共交通工具的通行證, 會後還可上

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網下載全部的摘要，真的是可圈可點。參加這次大會，除了獲取不少知識外，還可累積自己英文口報的經驗、與其他各國人士交流、觀摩其他不同的口報方式、以及如何籌辦國際會議等，實在是獲益良多，尤其是中國大陸，雖然在性學領域起步比台灣晚，卻能善用資源，在大會第一天即擁有一個會議廳呈現研究成果，有些與眾不同的口報方式讓我覺得很特別，值得借鏡。

附件

Oral presentation: * best abstract

- Sexual behavior (23 篇)

*Experience and meaning of genital symptoms to people in Britain: findings from the third national survey of sexual attitudes and lifestyles.

Measuring paraphilic arousal in the lab: How hard can it be?

Animal fetishes... or when learning about sexual reward trumps instinct about reproduction

Psychometric measurement of human orgasm

The advanced research of clitoris orgasm and vaginal climax.

The analysis of the psychological experience for female sexual orgasm in China.

Acute cannabis intoxication and the brain's response to visual erotica: an fMRI study

Frontoparietal and Salience Networks Alterations in Psychogenic Erectile Dysfunction.

What boys desire to know about sex.

“Ouch! It Hurts”: An Approach About the Factors Contributing to the Experience of Pain

During Receptive Anal Intercourse.

Female masturbatory practices and sexual health: A qualitative exploration

of women's

Perspectives.

Delay in approval of OC in Japan and decline of sexual behavior

Sex workers who provide services to clients with disability in New South Wales, Australia.

Similarities and differences between sexual surrogacy, sex work and facilitated sexual assistance.

Above and beyond genital sexual stimulation: Evidence towards a cognitive-affective

conceptualization of female orgasm.

Determinants of female sexual orgasms.

Mapping what increases sexual arousal in heterosexual women

Female masturbation: prevalence, characteristics & therapeutic implications.

Sexual Arousal by Dominance and Submission Represents Mating Strategy

Factors affecting sexuality in infertile couples

Preventative HPV Behaviours: What Do Males Think?

Sex for everyone: sexuality intervention of and for people with intellectual disabilities

- Sexual communication (7 篇)

*SMS: AN effective way to break the silence in conservative settings.

*Evolutionary and social cognitive models of jealousy: a population-representative study

“Do you want to?” – A sex-positive approach to consent

Effect of communication skills-based consulting on the correlation between viewpoint the

mothers and teenage girls about sex dialogue-Gorgan-Iran.

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Between the sheets: Attachment, communication and sexuality during adolescence

An Examination of Sexting and Its Consequences Among College Students

An exploratory investigation on sexting and its perceived effects

- LGBTQQ (23 篇)

Taking the hype out of hypersexuality: Psychophysiological studies in men who have sex with

men (MSM)

Sexual and Drug-Related Practices of Queer Men who Party-n-Play

Gay and bisexual men alternate ways of obtaining erectile dysfunction medication and their

reasons for use.

Off-label use of erectile dysfunction medication to enhance sex among gay and bisexual men

in Australia.

Anal Pain and Penetration Cognitions in Men Who Have Sex with Men: A Pilot Study.

Gay and Bisexual Men who Trade Sex for Money, Goods, or Drugs in Vancouver, Canada

Relation between HIV status, risky sexual behavior, and mental health in an gay men sample

from three Chilean cities.

“No for Sissies”: Anti-Effeminacy among Users of Grindr in the Amazons

Gay men, sexuality and mental health after prostate cancer

Transgender people and sexual health – findings from a Swedish interview study

Sexual Orientation Effects on Relationship and Sexual Satisfaction according to Desire

Discrepancy in Men.

Masculinity, femininity, and sexual preferences in sexual encounters among Australian gay

and bisexual men.

MIGRATION AND ASSIMILATION OF TURKISH GAY AND BISEXUAL MEN IN GERMANY.

A rainbow in-between: sensitisation approaches in an international development organization.

Transgender youth and sexuality – Experiences from our Empowerment groups.

Experience report on setting up a transdisciplinary outpatient unit for transgender health.

Trans Depathologization: A Sexual Rights Issue

GPS-Enabled Apps & Gay Male Relationships: Relationship & Sexual Satisfaction Impacts

Porn as Sex Education – Findings from a Public Screening of Queer Porn

Vaccinating against human papillomavirus is not associated with risky sexual behaviours

among men who have sex with men.

Kissing is association with the source for meeting casual partners in men who have sex with

Men.

Torture in Medical Healthcare Settings: An Intersex Approach

Uptake of Rapid Point-of-Care HIV Testing Among Gay and Bisexual Men in Vancouver,

Canada.

- Sexual therapy (50 篇)

Use of SERMs for the Treatment of Male Hypogonadism; Challenges and Practical

application

Flibanserin: The Year in Review – Fairy Tale or Horror Story?

Sexual health in the higher age groups

The new technique for treatment of ED

“Jie Na cream” for female sexual dysfunction (FSD) and sexual organs health research.

Improvement in Female Sexual Function using Co2 Laser Therapy

Sex Coaching as an Emerging Profession: A Modality to Enhance Sexual Well-Being.

Low-intensity extracorporeal shock wave therapy improves erectile dysfunction – a pilot

study with 2 years follow-up

The etiology of sexual desire disorder.

Drugs and sexual desire

Psychotherapeutic techniques to increase sexual desire in women.

Sexual Medicine – bringing somatic medicine and psychotherapy together.

Metabolic syndrome and BPD: The intriguing role of inflammation and sex steroids balance.

Education and Therapy (AASECT Symposium)

Integrating Body, Mind, Heart and Spirit: A Holistic Approach to Sex Therapy and

supervision

ALEI II minimally invasive technique for the correction of penile curvature without

circumcision.

Impact of Genito-Pelvic Pain/Penetration Disorder on the female sexual response cycle

Exploring the meaning of penetration in women with Life Long Vaginismus

Reasons for and experiences with reparative interventions for female genital mutilation/cutting

(FGM/C).

Sexual dysfunction in postmenopausal women with Metabolic Syndrome: what is the more

important impact factor?

INCONTINENCE AND SEXUAL FUNCTIONALITY... A PROBLEM?

Urinary incontinence and sexual satisfaction in Chilean older people

Idiopathic penile edema treated with ESWT – a new treatment option?

PREMATURE EJACULATION DURING VAGINAL INTERCOURSE IS NOT A

DISEASE.

Sensate Focus in Sex Therapy and Sexual Health: The Art and Science of Mindful Touch.

Personality correlates of sexual self-esteem in young women with Mayer-Rokitansky- Küster-Hauser syndrome.

*Sexual Life of Women with Rokitansky Syndrome after Laparoscopic Vecchietti's Vaginoplasty.

Predictors of Sexual Functioning in Irish Women with Diabetes

Sexual activity, sexual function, and sexual satisfaction among women living with HIV: A feminist scoping review of 20 years of global epidemiological research.

Dimensions of Borderline personality organization and sexual interests.

Menopause and obesity: a risk factor for sexual dysfunction?

*Is persistent genital arousal disorder a subtype of vulvodynia? Comparing psychosocial correlates in women with persistent genital arousal and vulvodynia symptoms.

The Lived Experiences of Asexual-Spectrum Identifying Males

Impact of body appearance beliefs on sexual functioning on men and women

*Psychosocial predictors of sexual self-esteem and sexual satisfaction in women with sexual pain.

*Brain Dynamics of the Inhibition of Genital Response in Psychogenic Erectile Dysfunction

*Pornography consumption in women and its association with sexual desire and sexual satisfaction.

Self-perception by Gender of sexual satisfaction in Chileans Elderly
Cristhel Fagerstrom, Mauricio Lopez, Julieta Aranguiz, Cecilia Albala.

Women's sexual satisfaction in long-term relationships: The role of sexual subjectivity, pornography and intimacy.

Factors associated with sexuality in postpartum couples

Female Sexual Pain Disorders: Its no longer only in their heads!

The impact of urinary incontinence on male erectile dysfunction.

The predicting value of personality and psychological well-being regarding sexual functioning in women.

Randomized Controlled Trial of a Cognitive Behavioral Therapeutic treatment for Hypersexual Disorder.

Multidimensional Open Sex Therapy.

Sexual Quality of Life Following Type of Prostatectomy.

SEX LIFE IN WOMEN WITH SEXUAL PAIN: A PRELIMINARY STUDY.

Psycho-relational Well-being in Women with Sexual Pain: A Preliminary Study

An Integrative Pelvic Exam Protocol (IPEP) Improves Outcomes for Women with Vaginal Stenosis in Restoring Vaginal Function for Sexual Activity.

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Self-reported depression as a predictor of sexual satisfaction and sexual function

- Sexual rights (9 篇)

The Agenda for Zero Discrimination in Health Care

Integrating Human Rights and Women's Health. Competencies for Practice
WAS Declaration of Sexual Rights: operationalization through standards of care

The Asia Pacific Trans Health Blueprint towards discrimination-free healthcare

Protecting the Rights of the Child

Affirming the rights of women living with HIV to sexual satisfaction and sexual pleasure: A

quantitative analysis across five relationship types.

Mind the Gap: An Analysis of the Disparity of Orgasm Rates in Male and Female Canadian

University Students.

From physical sex therapy to entertainment: the motivations of women buying sex in

Australia.

The effect of group counseling based on self-awareness on sexual risk-taking amongst high

school girls-Gorgan-Iran.

The effectiveness of defibulation and reconstructive surgery following female genital

mutilation/cutting: a systematic review.

- Sexual arts (3 篇)

Research on the characteristics of sexual paintings, sexual sculptures and

sexual expressions in

China.

Chinese sex humorous photography

The effect of age and sexual beliefs in the cognitive and emotional appraisal of sex pictures in a

sample of Portuguese women.

● Sexual violence (10 篇)

*Female survivors of sexual abuse: Do they differ in sexual behavior, attitudes, and perceptions towards sexuality? Findings from a cross-sectional survey conducted among university students in Lebanon.

* Focusing on the Positive: How Resilience Shapes Risk for Sexual Intimate Partner Violence

in 30 Resource-Constrained Countries

Preventing sexual violence against children – Effective sex education.

Preventing sexual offending – descriptive data from a Swedish Helpline.

An emerging risk factor of sexual abuse victimization: the use of smartphone dating

applications.

Sexual coercion in dating violence among students in Israel

Gender-age characteristics of acute sexual violence victims: 2001–2013, Brazil

Sexual self-schemas in the real world: Exploring the ecological validity of language-based

markers of childhood sexual abuse.

MEN SUBJECTED TO SEXUAL ABUSE-Experiences from psychotherapeutic work

The Influence of Adverse Childhood Experiences on the Health Outcomes

in the Republic of
Armenia.

- Sexual health (7 篇)

- *Global Family Planning Programming: key evaluation findings and recommendations

- * Temporal Trends in HPV Related Knowledge: A Global Systematic Review

- Sexual health in obese women asking for bariatric surgery

- Nurses' potential influence on sexual health of home care residents.

- Young men or family doctors: who initiates sexual health discussions?

- From Sexual Deviation to Sexual Health?

- Sexual health among young people forcibly placed at group homes in Sweden

- Sexual education (36 篇)

- Creating Effective Sexuality Education

- ZANZU: An internet-based approach to improved sexual health for migrants

- Comprehensive Sexuality Education in Latin America. State of the Art, achievements and challenges.

- Health-Related and Sexual Consequences of Non-Therapeutic Male Circumcision in Childhood.

- Non-therapeutic Circumcision: The Ethical Position of the Royal Dutch Medical Association

- Gender, Genital Alteration, and Beliefs about Bodily Harm

Determination of Nursing Students' Sexual Myths in Turkey

No health without sexual health; no education without sexual health education

Promotion of sexual health: between sexual education and sexualization.

The example of Poland

Polish sexual education for teenagers: the gendered discourse of moral, psychological and health risk.

Examining the invisibility of African Americans within comprehensive sexuality textbo.

Women's experiences of and attitudes towards sexually explicit images on social networking sites.

The influence of pornography on young people's sexual health and behavior

A research on self-participant sexual health education among middle high school students.

Towards building a bridge: Exploring adolescents and their teachers' perceptions of Comprehensive Sexuality Education in Ecuador.

Evaluation of sexuality education for young newcomers in Sweden Kerstin Isaxon.

Experiences of teaching sexual and reproductive health to students with intellectual disabilities: A phenomenological study.

Enduring Impact of University Postgraduate Interdisciplinary Clinical Sexology Training.

Measuring the quality and comprehensiveness of sexuality education at the school level in four developing countries.

American Abstinence

The foundation of sexological education: Beliefs, attitudes and values.

SPRINGFEVER: Online teaching package for primary schools in the Netherlands.

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Youtube series support Dutch girls in choosing a contraceptive method

Overcoming the odds: Positive deviance and contraceptive use in Africa.

Factors Influencing Adolescent Pregnancy among the Women of Rural Eastern Terai, Nepal

Pornography as a source of education about sex and sexuality among a sample of 15–29 year old Australians.

Osunality for Sexuality Educators, Clinicians, Researchers and Advocates

Sexuality Education and Hookup culture in Taiwan

Let's talk about sex, sexuality education for migrants in Norway

Consequences of pornography use

Consensual Sexual Nonmonogamy, Extradysadic Sex, and Relationship Satisfaction.

Friends with benefits: Are they really beneficial?

What's Up in Sex Ed? A Peek Behind the Curtain at The Center for Sex Education

Online pornography in sex education at school: a Flemish survey

A qualitative analysis of out-of-control use of the internet for sexual purposes.

Discussion on the Application of Sexuality Education's Flipped Education in Chinese College Students

- Others (1 篇)

Development and Validation of the SexFlex Scale